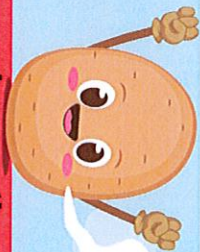


WEEK ONE



Jacket Potato available everyday

Monday

choose a main meal:
Cheese & Tomato Pizza
Served with Dough Balls (V)
Or
Tomato Pasta Bake
Served with Dough Balls (V)
Or
Jacket Potato with Tuna

on the side:
Carrot & Cucumber Sticks
Sweetcorn

for dessert:
Home made Flagjack with Peach slices or Fresh Fruit

Tuesday

choose a main meal:
Sausage and Mashed Potato
Served with Gravy
Or
Creamy Vegetarian Pastry Slice (V)
Served with Mashed Potato
Or
Jacket Potato with Cheese (V)

on the side:
Green Beans
Carrots

for dessert:
Syrup Sponge & Custard
Fresh Fruit

Wednesday

choose a main meal:
Roast Gammon, served with Roast Potatoes, Yorkshire Pudding & Gravy
Or
Quorn Roast, served with Roast Potatoes, Yorkshire Pudding and Gravy (V)
Or
Jacket Potato with Beans (V)

on the side:
Cabbage
Coleslaw
Parsnips

for dessert:
St. Clement's Cake and Custard
Fresh Fruit

Thursday

choose a main meal:
Lasagne
Served with Garlic Bread
Or
Mac 'n' Cheese
Served with Garlic Bread (V)
Or
Jacket Potato with Cheese

on the side:
Sweetcorn
Coleslaw

for dessert:
Chocolate Crispie Cake
Fresh Fruit

Friday

choose a main meal:
Fish Fingers
Served with Chips
Or
Cheese and Baked Bean Wrap
Served with Chips (V)
Or
Jacket Potato with Beans

on the side:
Peas
Baked Beans

for dessert:
Ice-Cream
Fresh Fruit

Fresh water available everyday

WEEK TWO



choose a main meal:
Pizza Wrap
Served With Herby Potatoes
Or
Vegetarian Bolognese Pasta Bake
Served with Herby Potatoes (V)
Or
Jacket Potato with Tuna

on the side:
Peas
Sweetcorn

for dessert:
Muffin
Fresh Fruit

choose a main meal:
Grilled Chicken Breast Burger
Served with Salad & Potato Wedges
Or
Quorn Hotdog
Served Potato Wedges (V)
Or
Jacket Potato with Cheese (V)

on the side:
Corn on the Cob
Peas

for dessert:
Ginger Sponge with Custard
Fresh Fruit

choose a main meal:
Roast Pork, served with Mashed Potato, Yorkshire Pudding and Gravy
Or
Quorn Savoury Mince & Dumpling
Served with Mashed Potato (V)
Or
Jacket Potato with Beans (V)

on the side:
Carrots
Broccoli

for dessert:
Home Made Rice Pudding
Fresh Fruit

choose a main meal:
Cottage Pie
Served with Roast Potatoes
Or
Vegetarian Sausages
Served with Roast Potatoes (V)
Or
Jacket Potato with Cheese (V)

on the side:
Cauliflower
Swede Mash

for dessert:
Home made Carrot Cake
Fresh Fruit

choose a main meal:
Fish and Chips
Or
Cheese and Tomato Quiche
Served with Chips
Or
Jacket Potato with Beans

on the side:
Peas
Baked Beans

for dessert:
Cookie
Fresh Fruit

WEEK THREE



Autumn & Winter

CHADWICK'S KITCHEN

choose a main meal:
Josh's Mild Peri-Peri Chicken
Served with Rice
Or
Burrito filled with Rice and Vegetables (V)
Or
Jacket Potato with Tuna

on the side:
Broccoli
Carrots

for dessert:
Chocolate and Orange Sponge with Custard or Fresh Fruit

choose a main meal:
All Day Breakfast:
Bacon, Sausage, Scrambled Egg, Beans, Tomato, and Toast OR
Quorn Sausage, Scrambled Egg, Beans, Mushrooms, Tomato and Toast (V)
Or
Jacket Potato with Cheese (V)

on the side:
Pea and Sweetcorn Mix

for dessert:
Shothead Fingers with Fruit Salad or Fresh Fruit

choose a main meal:
Roast Turkey, served with Mashed Potato, Yorkshire Pudding and Gravy
Or
Quorn Roast, served with Mashed Potato, Yorkshire Pudding and Gravy (V)
Or
Jacket Potato with Beans (V)

on the side:
Carrots
Sprouts

for dessert:
Lemon Drizzle Cake
Fresh Fruit

choose a main meal:
Mild Chicken Curry
Served with Rice
Or
Mild Quorn vegetarian Chilli
Served with Rice (V)
Or
Jacket Potato with Cheese (V)

on the side:
Sweetcorn
Green Beans

for dessert:
Rachel's Home made Cornflake Tart and Custard or Fresh Fruit

choose a main meal:
Fish Fingers
Served with Chips
Or
Vegetarian Fritata
Served with Chips
Or
Jacket Potato with Beans

on the side:
Peas
Baked Beans

for dessert:
Jelly & Fruit
Fresh Fruit

Fresh Salad available everyday