



St Leonard's Catholic Primary School

Tunstall Village Rd,
New Silksworth,
Sunderland
SR3 2BB

Tele: 0191 5210300

Email: sle_office@stleonardsprimary.org.uk

Twitter: @St_Leonards_RC

Website: www.stleonardsprimary.org.uk

Newsletter no. 3

3rd October, 2022

Dear parents and carers,

Dates

As we move well into the Autumn term, you will begin to see more and more events taking place in school. I have sent you a list of all the relevant dates for your diaries. The dates were shared earlier in the term, and included September events, but I believe that there is a significant number of parents that didn't receive this, so I have arranged for the dates to be re-shared today and, rather than relying on paperless methods, we are resorting to both email via parent pay and paper copy – please check your children's bags.

Homework

This week your child's teacher will be sending details of the homework to be completed for the relevant year group. Homework is not an optional activity and must be completed in accordance with your child's class instructions. As a minimum, children should continue to read every day, practice their phonics, spellings, and time tables (depending on age).

Football team

I am delighted that our football team is up and running again. The first match for our mixed team is this Thursday (6th October) and will be played at Seaburn Dene – I am sure you will join me in wishing them well. Following the success of the girls team friendlies last term, St Leonard's will have their very own 'Lionesses' playing in the Girls' County Cup this season. Their first match is 20th October at Hill View. Again, any support will be very welcome.

CAFOD family fast day – 7th October

This Friday is CAFOD's family fast day. In school we are working together to raise awareness of both local and global issues, including World Food Crisis, through recycling projects, food donations and fundraising. This Friday we will be looking to continue raising funds for CAFOD projects by marking the day as a **non-uniform day**. Children will hear about how they can support the environment and help themselves, and others, to avoid food poverty this winter. If you are able to do so, we would welcome a small donation towards this fund-raising event.

World mental health day – 10th October

Next Monday is World Mental Health Day. World Mental Health Day is a chance to talk about mental health in general, how we need to look after it, and how important it is to talk about things and get help if you are struggling. In school we will be talking about how to look after our mental health and well-being and who the children can talk to when in school. As part of our drive to promote healthy minds and well-being, children will be learning about the 'five ways to well-being' and encouraged to try something new. Perhaps you, as their parent and first teacher, would like to join in the initiative to help look after yourself. More information can be found from [Five ways to wellbeing - Mind](#).

Packed lunches

Thank you to the families who have taken on board the information shared around packed lunches, especially in Key Stage 1. If your child is on packed lunch in Reception class, Year 1 or Year 2, please contact me to discuss this - all Key Stage 1 children should be on school dinners.

Have a lovely week,

Mrs Dunn
Headteacher